

BRITISH COLUMBIA MADE

# SAVOUR

GOURME

On the Farm  
& DELICIOUS

Fresh  
NEW  
FACES

RECIPES:  
Autumn Bounty

FALL ANNIVERSARY 2010





# savour spots

## LOS HUESOS

By Dona Sturmanis

It's always an adventure trying to find authentic Mexican food in the Okanagan. Los Huesos in Vernon is a just such a find. Sometimes a plate of chicken enchiladas with home-made rice and beans and sides of fresh, hand-cut salsa and guacamole are just what you want for lunch...or dinner.

Yet the whole array of Mexican favourites are to be had here including filling tortilla soup, enchiladas, enfrijoladas (tortillas in black bean sauce), stuffed jalapeno peppers, green chile carnitas (simmered pork) and more.

Family-owned and operated, this relaxing, colourful downtown eatery opened three years ago. Co-owner Brenda Bright translates Los Huesos from Spanish to "the bones" and refers to the savory stocks on which many of the house-made sauces are based.

Trained chefs from Mexico City do the cooking. "The flavour of old Mexico and the cosmopolitan style of Mexico City are combined in our dishes," says Bright. And many of their recipes are from grandmothers and aunts who still live there."

Lunches are under \$10; dinner items between \$10 and \$20.



2918 30th Ave.  
Vernon, BC  
Mon-Sat  
11:30am-2:00pm;  
5:00pm-9:00pm  
Licensed  
250.275.4820

## BURGER 55

By Roslyne Buchanan

Taking "a burger your way" to a new level, Burger 55 is a worthwhile detour. Steve Jones and Chris Boehm's brainchild was born in reaction to a lot of boring burgers on Vegas road trips and a 55 speed limit etched in memory. For their funky little licensed burger joint, and true to the travel theme, the guys transformed one of Penticton's oldest buildings — a vintage tire shop. The concept is a burger custom built to your craving. Grab a clipboard there or go online to check off a list of the components, sides and beverages. If you can't decide, select the burger of the month or let them freestyle it. With a goal to buy locally and use fresh ingredients, all patties and 90 per cent of the sauces are handmade on site.

85 Westminster Ave. E., Penticton, BC

Mon-Sat 11am-8pm, Sun 11am-7pm

778.476.5529 burger55@live.ca www.burger55.com



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